

Review: **Fears that can keep people from setting boundaries.**

John 4:18 There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. ¹⁹We love Him because He first loved us. (Literally: "We love because He first loved.")

- Love is circular. He loves us, which enables us to love others, and we love Him by loving others.

Continuation of "Boundaries" study: **Four categories of boundary problems:**

1. **Compliants:**

2. **Controllers:**

3. **Nonresponsives:** School of Outreach and Servant Ministry
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4. **Avoidants:**

Ministering to people going through grief:

John 11:30 Now Jesus had not yet come into the town, but was in the place where Martha met Him. ³¹Then the Jews who were with her in the house, and comforting her, when they saw that Mary rose up quickly and went out, followed her, saying, "She is going to the tomb to weep there."

³²Then, when Mary came where Jesus was, and saw Him, she fell down at His feet, saying to Him, "Lord, if You had been here, my brother would not have died."

³³Therefore, when Jesus saw her weeping, and the Jews who came with her weeping, He groaned in the spirit and was troubled. ³⁴And He said, "Where have you

laid him?”

They said to Him, “Lord, come and see.”

³⁵*Jesus wept.* ³⁶*Then the Jews said, “See how He loved him!”*

- Why was Jesus weeping, given that He knew that He was going to raise Lazarus from the dead?

1. Grief is a journey that in many ways is unique to the one who is grieving.

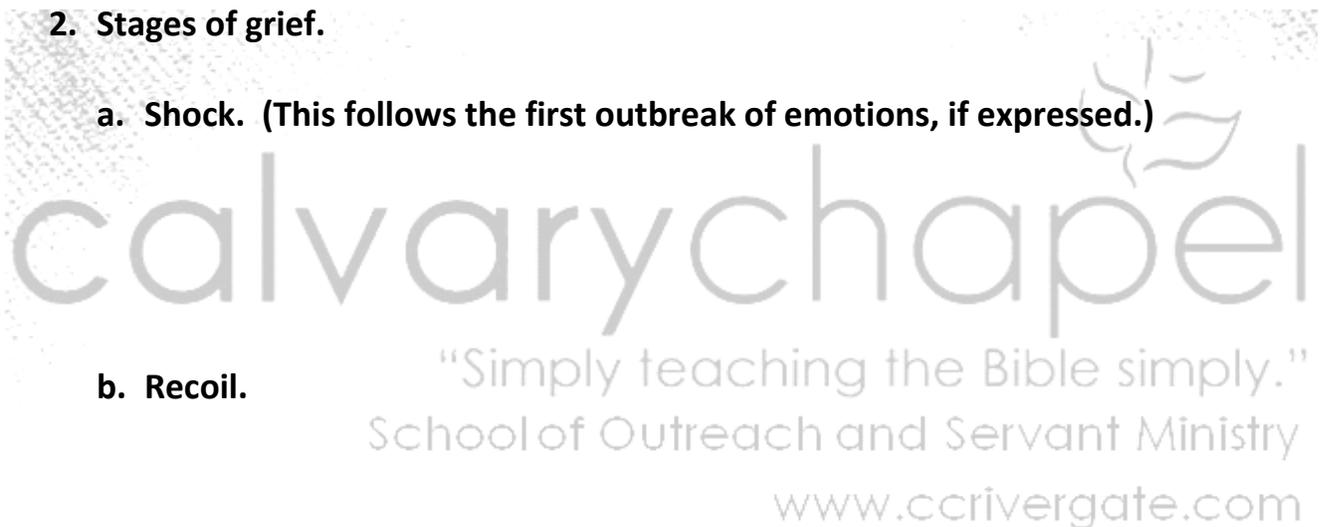
Types of loss:

Common affects of Grief:

2. Stages of grief.

a. Shock. (This follows the first outbreak of emotions, if expressed.)

b. Recoil.



Psalm 38:6-11 I am troubled, I am bowed down greatly;

I go mourning all the day long.

⁷ *For my loins are full of inflammation,
And there is no soundness in my flesh.*

⁸ *I am feeble and severely broken;
I groan because of the turmoil of my heart.*

⁹ *Lord, all my desire is before You;
And my sighing is not hidden from You.*

¹⁰ *My heart pants, my strength fails me;
As for the light of my eyes, it also has gone from me.*

¹¹ *My loved ones and my friends stand aloof from my plague,
And my relatives stand afar off.*

c. Bargaining: Some see this as the middle ground of the grief journey.

d. Depression.

e. Acceptance and rebuilding.

3. What not to say to people who are in grief. (What have you heard that might not be helpful?) Platitudes.

4. Ministry during stages of grief.

a. Shock:

b. Recoil.

c. Acceptance & Rebuilding.

Discussion:

